DAY 1 Wednesday • May 10 • 2023

09:00 - 09:20  Welcome 

09:20 - 09:40  Session 1: From healthy aging to therapeutics for age-related diseases - Cutting-edge Science and还需要填写

09:40 - 10:00  Session 1: Human Longevity Inc., Shanghai University - The first SHEBA longevity conference

10:00 - 10:20  Coffee break

10:20 - 10:40  Session 1: From aging research to therapeutics for age-related diseases

10:40 - 11:00  Session 1: Longevity medicine therapeutics: applied geroprotective interventions

11:00 - 11:20  Break

11:20 - 11:40  Session 1: Personalized medicine based on deep human phenotyping

11:40 - 12:00  Session 1: Extracellular matrix homeostasis and healthy longevity: Mechanistic insight, development of dual-purpose therapeutics targeting aging and disease.

12:00 - 12:20  Lunch break

12:20 - 12:40  Session 2: A Novel DNA Methylation Clock Resilient to Changes in Immune Composition

12:40 - 13:00  Session 2: 15:45 - 16:15 - A never too late attitude – nutrition and longevity among the oldest old

13:00 - 13:20  Break

13:20 - 13:40  Session 2: Dr. Joan Mannick, Co-Founder and CEO, Tornado Therapeutics

13:40 - 14:00  Session 2: Longevity medicine therapeutics: applied geroprotective interventions

14:00 - 14:20  Break

14:20 - 14:40  Session 2: Longevity medicine therapeutics: applied geroprotective interventions

14:40 - 15:00  Session 2: Personalized medicine based on deep human phenotyping

15:00 - 15:20  Break


15:40 - 16:00  Session 2: A Novel DNA Methylation Clock Resilient to Changes in Immune Composition

16:00 - 16:20  Coffee break

16:20 - 16:40  Session 2: Personalized medicine based on deep human phenotyping

16:40 - 17:00  Session 2: Extracellular matrix homeostasis and healthy longevity: Mechanistic insight, development of dual-purpose therapeutics targeting aging and disease.

17:00 - 17:20  Closing ceremony

DAY 2 Thursday • May 11 • 2023

09:00 - 09:20  Welcome

09:20 - 09:40  Session 3: session 1: longevity innovations and facts - winners of the poster award competition and short presentations

09:40 - 10:00  Session 3: session 2: longevity innovations and facts - the next and why

10:00 - 10:20  Coffee break

10:20 - 10:40  Session 3: session 3: longevity innovations and facts - the next and why

10:40 - 11:00  Session 3: session 4: “innovation to reality” - innovation industry and venture capital - 08:45-09:50

11:00 - 11:20  Lunch break


11:40 - 12:00  Session 3: session 4: “innovation to reality” - innovation industry and venture capital - 14:15-16:15

12:00 - 12:20  Lunch break